

Power Plate REV

Revolutionary Bike with Vibration

Origin: USA



REV delivers a unique workout, increased calorie burn and muscle activation in less time than other cycling solutions. REV's proprietary programming meets a wide variety of member needs, from better overall health to intense elite training.

VibeShift™ Technology (patent-pending) delivers consistent, safe, precise and predictable effective vibration through the pedals - a press of the lever shifts the mode from standard to full-on vibration.

Accelerations in this mode deliver maximum cardio, strength and wellness benefits in a minimum amount of time while providing increased muscle activation.

Features

- Accelerates and Maximizes Results
- Six Levels of Resistance
- Built-in Heart Rate Calculator
- Intuitive Digital Display
- Equipped with Vibeshift™ Technology



Specifications

Display	LED - Heart Rate (Real & Avg.), RPM (Real & Avg.), Speed, Watts (Real & Avg.), Distance, Calories, Resistance Level, Vibration (on/off) Elapsed Time, Bluetooth Indicator
Maximum User Weight	330lbs / 150kg
Dimensions (W x D)	60.5 cm x 137 cm
Weight (Without Packaging)	121.2 lbs
User Height	Suitable for users between approx. 155 cm & 215 cm

Power Plate

Advanced Vibration Technology To Improve Patient's Well-being

Origin: USA

1 pro7HC

Certificate: CE, IEC 62321, IEC 60335-1, ISO 12100

From treating the most acute neurological or post-operative conditions, to training world-class athletes, the Landice Rehabilitation Treadmill is the world's most versatile solution for rehabilitation, physical therapy and sports conditioning.



Specifications

Unit Weight	373lb / 169kg
Dimensions (W x D x H)	95cm x 113cm x 154cm
Max Load	500lb/ 227kg
Time Selections	0-9 minutes (15 seconds increments)
Frequency / Pre-set Frequencies	25-50Hz, 8 vibration settings (with 27 sublevels) High / Low vertical displacement
Accessories	2 upper body straps, 1 contoured mat

2 my7

Certificate: CE, IEC 60601-1, IEC 62321

With 250+ customized programs, 1,000+ exercise videos, and over a million different combinations, the Power Plate my7 is the remarkable new exercise machine that takes your workout in a new direction.



Specifications

Unit Weight	245lb / 111kg
Dimensions (W x D x H)	84cm x 98cm x 149cm
Max Load	350lbs / 159 kg
Time Selections	30, 45 or 60secs / up to 9mins
Frequency / Pre-set Frequencies	30-40 Hz / 5Hz increments High / Low vertical displacement
Accessories	2 upper body straps, 1 contoured mat





3 Move

Certificate: CE, IEC 62321-1

The Power Plate MOVE is a columnless, mid-weight unit that gives you a full-sized base and 6-levels of intensity to choose from, perfectly adapting to your routine.

Specifications

Unit Weight	85lb / 39kg
Dimensions (W x D x H)	77cm x 61cm x 23cm
Max Load	300lbs / 136 kg
Time Selections	Counts up from 0 to 9 minutes, 30 and 60 second presets accessible via remote control
Frequency / Pre-set Frequencies	6 Levels – (30-40Hz High/Low vertical displacement), 5Hz increments
Accessories	2 upper body straps, 1 contoured mat, remote



4 Personal Power Plate

Certificate: CE, IEC 62321-1

Compact and column free, the Personal Power Plate is a lightweight, portable tool that provides body changing results in any space or on-the-go.











Stability Bar, designed to offer the user stability and mobility

Specifications

Unit Weight	40lb / 18kg
Dimensions (W x D x H)	70cm x 47cm x 17cm
Max Load	264lbs / 120 kg
Time Selections	30 or 60seconds
Frequency / Pre-set Frequencies	35Hz pre-setting High / Low vertical displacement
Accessories	2 upper body straps, 1 contoured mat, remote



Product Comparison Chart

Product	Unit Weight	Machine Dimensions (WxDxH)	Platform Dimensions	Max Load	Time	Frequency / Amplitude	Certifications	Precision Wave Technology™	Dual Sync™ Motors	proMOTION™ technology
 Personal Consumer Compact, lightweight and column-free, set frequency of 35Hz, 30 or 60 second timer and remote control.	40lb 18kg	70cm x 47cm x 17cm	70cm x 47.5cm	264lb 120kg	30/60 secs	35Hz Low/High Amplitude	CE PSE UL	✓		
 my3 Consumer The trimmest, most economical model. Most compact platform surface.	126lb 57kg	64cm x 74cm x 152cm	64cm x 37cm	264lb 120kg	30/60 secs	35Hz Low/High Amplitude	CE	✓		
 MOVE Consumer The perfect combination of size and function with a simple and intuitive display with large, easy-to-understand buttons and a digital timer. Available in red or silver.	85lb 39kg	77cm x 61cm x 23cm	77cm x 57.6cm	300lb 136kg	30/60 secs; counts up from 0-9 mins	6 levels (30-40Hz, Low/High Amplitude)	CE	✓		
 my5 Consumer More frequency options, larger plate surface for more maneuverability, quick start buttons and a remote control.	153lb 69kg	68cm x 98cm x 148cm	68cm x 59cm	300lb 136kg	30/60 secs	30-40Hz 5 Hz increments Low/High Amplitude	CE FDA listed as Class 1 device, 510k exempt	✓		
 my7 Consumer / Light Commercial Features Advanced Vibration Technology™ and an integrated touch screen computer complete with coaching tips to guide you.	245lb 111kg	84cm x 98cm x 149cm	84cm x 60cm	350lb 159kg	30, 45 or 60 secs / up to 9 mins	30-40 Hz / 5Hz increments	CE and EMC RoHS/WEEE CB NRTL C-NRTL PSE FDA Listed as Class 1 device	✓	✓	✓
 pro5 Commercial Features include a user-friendly interactive display, secondary timer and controls, and larger plate surface.	407lb / 185kg	96cm x 114cm x 153cm	86cm x 77cm	400lb 182kg	30, 45 or 60 secs / up to 9 mins	25-50Hz 1Hz increments Low/High Amplitude	CE and EMC RoHS/WEEE CB NRTL C-NRTL PSE FDA Listed as Class 1 device	✓	✓	
 pro5HP Commercial Designed to meet the needs of the world's most high intensity athletes. Allows for 360 degree range of motion around the surface. Remote control included.	329lb / 149kg	95cm x 99cm x 34cm	95cm x 84cm	500lb 227kg	30, 45 or 60 secs / up to 9 mins	25-50Hz 1Hz increments Low/High Amplitude	CE and EMC RoHS/WEEE CB NRTL C-NRTL PSE FDA Listed as Class 1 device, 510k exempt	✓	✓	
 pro7 Commercial Features an LCD touch screen with Functional Interactive Training (FIT) software, and the largest platform available	373lbs 169kg	95cm x 113cm x 154cm	95cm x 84cm	500lb 227kg	30, 45 or 60 secs / up to 9 mins	25-50Hz 1 Hz increments Low/High Amplitude	CE and EMC RoHS/WEEE CB NRTL C-NRTL PSE FDA Listed as Class 1 device, 510k exempt	✓	✓	✓
 pro7HC Commercial Features integrated LCD touch screen video programs focused on neuro health, pain relief and common conditions. Also has a heart rate monitor, range of motion tracking and power output display.	373lb / 169kg	95cm x 113cm x 154cm	95cm x 84cm	500lb 227kg	0 - 9 mins (15secs increments)	25-50Hz 1Hz increments Low/High Amplitude	CE PSE	✓	✓	✓

SpeedLab

Characterized Measurement & Training Systems

Origin: Germany

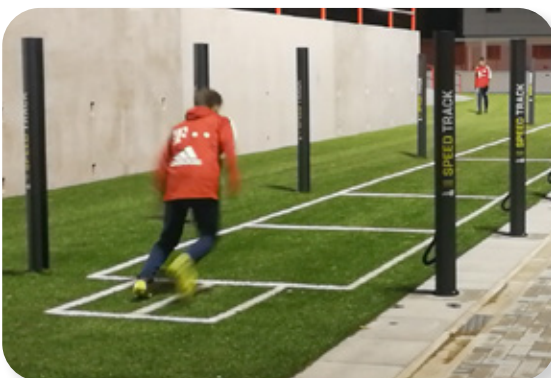
1 SpeedCourt

SpeedCourt is a 2-dimensional multi-functional measuring and training system. In a special way the system focuses on cognitive and athletic processes.



Features

- Measures running distances, running times, contact times
- Analyzes asymmetries, reaction times, tappings and more
- Cognitive training
- Jump analysis, Y-balance test, single leg jump, side hop, FMS and DMS...
- Single or group training
- Reliable, error-free, physically wired tactile sensors
- Measurement accuracy in the range of milliseconds



2 SpeedTrack

SpeedTrack is a multi-functional laser sensor measurement and training system for cyclical and acyclical forms of speed. In addition to athletic processes, cognitive processes are also taken into account.

Features

- Linear sprint measurement
- Provide feedback on acceleration and speed development
- 5-10-5 Shuttle, Beep Test, YoYo Intermittent Recovery Test
- Jump Analysis

Agility Training

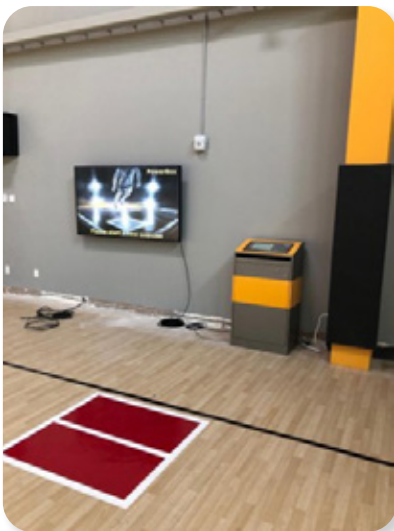
3 SpeedBouncer

The SpeedBouncer is used to test and train soccer-specific skills and abilities. Involving the game device, the player's challenge is to interactively solve the tasks displayed via the monitor.



Features

- Football-specific training
- Improves passing accuracy, passing speed and ball handling and more
- Cognitive and motor training programs
- Single or group training



4 SpeedBox

SpeedBox is the technical implementation of the testing and training classics Beep Test and YoYo Intermittent Recovery Test.

Features

- All stages of the Beep test and YoYo Intermittent Recovery Test
- Recording and analysis of speed endurance
- Jump analyses and tapping tests

SpeedPro 2.0 Software

Features

- Various reaction times on single and multiple events, tapping frequencies
- Jumps height and contact time (Counter Movement Jump, Squat Jump, etc.)
- Times for decision-making, change of direction, etc
- Times for running distances per unit of time
- Various specific, cognitive training protocols (maths, words, etc.)

The module compilation in the SpeedPro software corresponds to the respective SpeedCourt variant. The system can be used for a wide range of applications of sports, rehab, science and event.

The software is regularly extended with new exercise protocols from the categories Agility, Brain and Vision, Diagnostics, Jumps and Tapping, Reactive Agility, Technique and High Performance as well as Rehabilitation & Return-to-Play and also offers the possibility to independently program your own ideas into the system.

The multiplayer mode promises testing and training under almost real game and competition conditions.

Witty SEM

Reactivity, Agility & Motor-Cognitive Abilities Training

Origin: Italy
Certificate: CE

Witty SEM is a 7 X 5 smart LED traffic light matrix capable of managing different symbols, colours and numbers, and, thanks also to the proximity sensor it contains, is the ideal solution for planning and managing specific work on cognitive-motor skills in the best possible way.



Features

Witty SEM indicators can be used in standalone mode or in combination with the photocells, RFID identification system and display board.

Exceptional flexibility and user friendliness make Witty SEM indicators ideal for both sports training and rehabilitation activities.

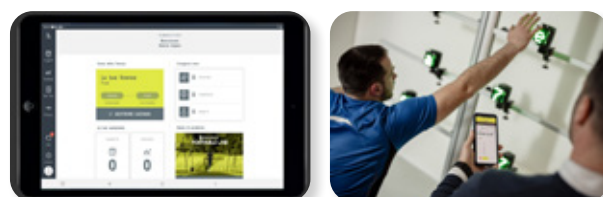
Various types of tests via the Witty timer and the Witty Manager software:

- Start semaphore with/without start impulse
- Direction change tests
- Agility tests with timing gates
- Agility and Reactivity tests for specific work on motor cognitive and coordination skills
- Test and decision related tasks



Pro Move App

- Available on the stores of iOS and Android
- Both versions for tablet and smartphone



Cognitive Training

WittySEM offers six cognitive games designed to enhance cognitive skills through dynamic, movement-based interaction, coined as "Cognition in Motion."

ATTENTION



- Divided attention
- Double decision
- Mixed signals

Each of our attention exercises has been created to stimulate the brain's ability to focus.

SPEED (BRAIN SPEED)



- Hawk eye
- Eye for detail

The speed with which the brain is able to analyze events determines the effectiveness of the reaction and the ability to remember them.

INTELLIGENCE



- Juggle

The ability to govern complex reasoning requires quickly and simultaneously managing different pieces of information.

SilverFit Flow

Breathing Exercises through games

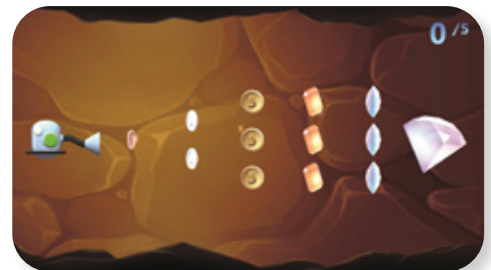
Origin: The Netherlands
Certificate: CE

With the SilverFit Flow, the patient performs various breathing exercises through games. These motivates the patient to keep doing the exercises longer and to repeat them more often.



Trainings:

- Increasing the strength of inspiratory muscle by breathing in as much volume as possible. It is also possible to set a minimum and maximum permitted inspiratory flow, so the patient can learn to breathe in a controlled way
- Increasing the strength of the expiratory muscle by exhaling with maximum force
- Improving the breathing rhythm by breathing at a specific pace
- Training respiratory strength through an adjustable resistance



How does it work?

While performing the exercise, goals must be achieved by breathing in and out through a spirometer. The spirometer is a medical product and measures the inhaled and exhaled volume.

The values are passed on to the SilverFit Flow, which then controls the exercise. It is also possible to set a resistance on the spirometer. In this way, the patient can perform respiratory strength training.