

Smart Pneumatic Resistance Training System

Origin: Finland
Certificate: ISO 20957, CE

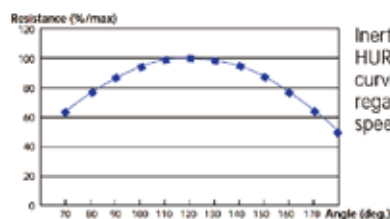
- Computerized training and operations
- Close to zero starting load
- 100g and 1kg increments
- Automatic resistance increase
- Safe natural movement
- Air resistance
- Hur medical concepts with training programmes



Pneumatic Resistance

The computerized air pressure equipment is especially designed to meet the needs of rehabilitation, senior exercise and inclusive wellness users. HUR's more consistent load or resistance profile reduces stress on joints and connective tissues

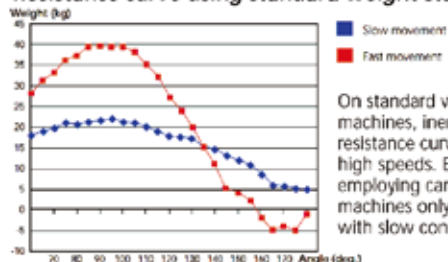
HUR Natural Transmission " resistance curve



Inertial forces do not affect the HUR equipment resistance curve, which stays constant regardless of the movement speed.



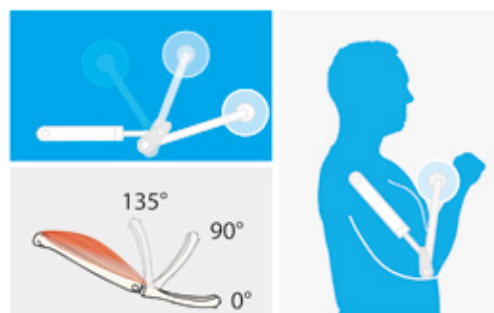
Resistance curve using standard weight stack machine



On standard weight stack machines, inertial forces distort resistance curves, especially at high speeds. Even when employing cams, weight stack machines only operate properly with slow controlled movements.

Advantages

- Comfortable and virtually silent
- With range limiters, making rehabilitation safe
- Work muscles in both concentric and eccentric phases
- Many machines also equip with measurement and training of isometric strength
- HUR Medical Concept with training program



All HUR machines work muscles in both concentric and eccentric phases.

HUR SmartTouch

Origin: Finland
Certificate: ISO 20957

HUR SmartTouch can be integrated with other applications / programs using Web Services or by using an integration engine for the HL7 interface. These solutions enable importing of clients/ patients into HUR Smart-Touch or exporting them to other applications. Also the training information can be exported.



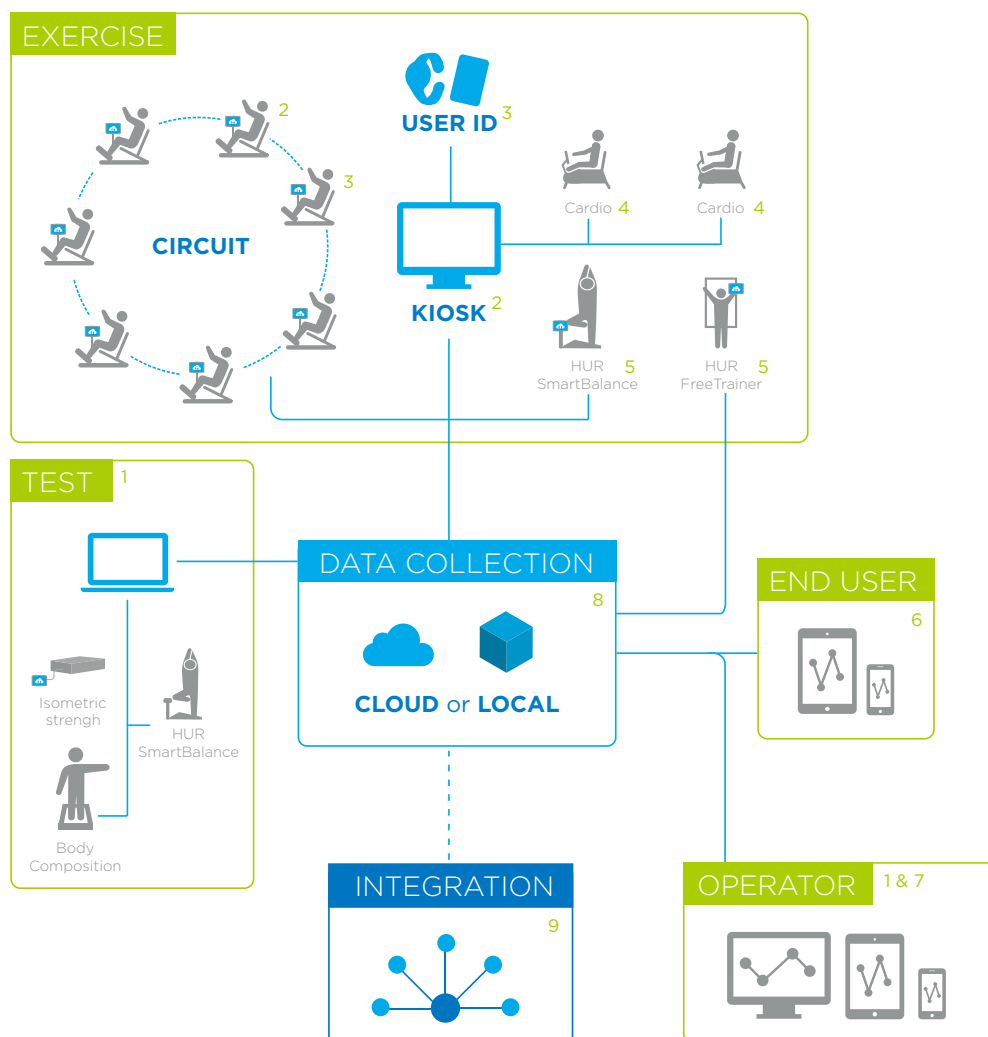
A combination of scientific exercise equipment and an intelligent exercise system that represent the smartest, most comprehensive exercise solution For Lifelong Strength - providing a holistic, motivating and evidence-based training and rehabilitation experience for the customer, and an evidence-based automated management tool for clinic and gym owners.

The System Includes:

- HUR strength training and testing equipment
- HUR balance testing and training equipment
- HUR pulley functional training
- HUR FreeTrainer with registration of equipment-free exercises
- Compatible with selected cardio equipment and other third-party solutions
- Possibility to integrate with other systems
- Operating software
- Automated benchmarking and reporting capabilities
- Optional online training and rehabilitation protocols
- Remote viewing to track utilization and efficiency



HUR SmartTouch Ecosystem

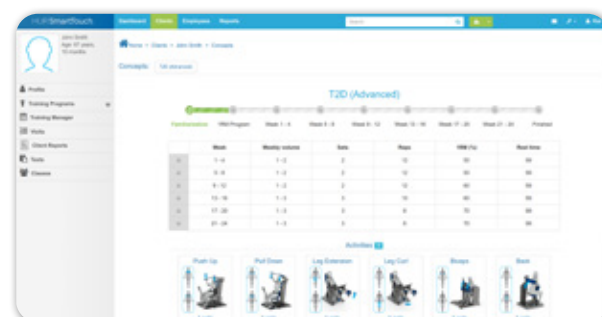


HUR SmartTouch benefits

Evidence-based exercise programs with effective outcomes

benefits of hur smarttouch:

- A comprehensive exercise system provides a complete, motivating and smooth training experience
- Evidence-based concepts with training programs provide favorable outcomes
- Automated activities speed up introduction of new customers, facilitate reporting and reduce mundane tasks
- The intelligent system stores training data and visualizes the progress.
- Automatic detailed machine adjustments according to the personal training plan makes the training safe and smooth
- Complete control with local version or cloud version allows also for managing multiple locations in one system



HUR SmartTouch features - HUR Mobile App

Capture Every Exercise, at home or at the gym, with the HUR Mobile App



Features

- The HUR Mobile App extends SmartTouch workouts into the home with an easy-to-use app for tablets and smartphones.
- The app includes 140+ equipment-free exercises complete with exercise videos and simple instructions.
- The app collects key exercise data to maximize individual training experience and provide outcome data to the trainer or therapist.



HUR Multifunction

A Space-Saving Strength Training Solution

Origin: Finland
Certificate: ISO 20957, CE



STE8540-Hi5 4X Multifunction Machine

OPERATING SYSTEM OPTIONS:

56 SmartTouch Hi5

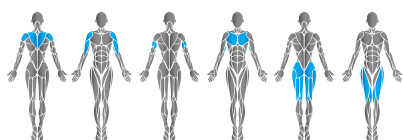
STANDARD EQUIPMENT FEATURES:

- 34 Multifunction:
 - Dip/Shrug (range limiters & isometric testing)
 - Leg Press (lock mechanisms & isometric testing)
 - Assisted Squat
- 14 Easy access handgrips
- 21 Electrically adjustable seat position

- 47 Foot straps
- 32 Lock mechanism
- 39 Range limiters (with start and end position)
- 29 Isometric testing connector
- 36 Neck cushion
- 54 An adjustable feet with floor mounting option

EQUIPMENT OPTIONS:

- 2 Additional seat cushion (9034-2)



ST8530-Hi5 5X Multifunction Machine

OPERATING SYSTEM OPTIONS:

56 SmartTouch Hi5

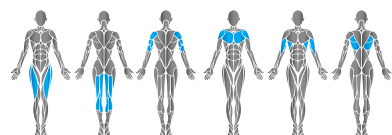
STANDARD EQUIPMENT FEATURES:

- 34 Multifunction:
 - Chest Press (isometric testing)
 - Leg Extension/Curl (range limiters & isometric testing)
 - Push Up/Pull Down (range limiters & isometric testing)
- 48 Steplessly adjustable back support
- 7 Adjustable lever arms

- 35 Multigrip handles
- 31 Leg straps
- 39 Range limiters (with start and end position)
- 29 Isometric testing connector
- 11 Belt
- 36 Neck cushion
- 54 Adjustable feet with floor mounting option

EQUIPMENT OPTIONS:

- 2 Additional seat cushion (9034-2)



Width	Length	Height	Weight
122cm	185cm	184cm	144kg

HUR Premium Line

Robotic Personal Trainer For Everyone

Origin: Finland
Certificate: EN 60601-1, CE

HUR's most developed range offers world-leading, university level equipment for use in senior exercise and rehabilitation. In these sectors it is crucial, for efficient and safe training and operation, to have a computerized system for automated reporting and the possibility for individual safe training with pneumatic resistance - as well as a close to zero starting load and 100g/1kg resistance increments.

Upper Body

STE5110-Hi5 Biceps/Tricep



Width	Length	Height	Weight
115 cm	103 cm	124 cm	85 kg

STE5120-Hi5 Push Up/Pull Down



Width	Length	Height	Weight
110 cm	150 cm	181 cm	79 kg

STE5125-Hi5 Dip/Strug



Width	Length	Height	Weight
86 cm	98 cm	137 cm	69 kg

STE5140 - Hi5 Chest Press



Width	Length	Height	Weight
119 cm	125 cm	137 cm	87 kg

STE 5150-Hi5 Lat Pull



Width	Length	Height	Weight
94 cm	132 cm	107 cm	73 kg

STE5160 - Hi5 Pec Deck



Width	Length	Height	Weight
118 cm	100 cm	132 cm	74 kg

STE5175-Hi5 Optimal Rhomb



Width	Length	Height	Weight
106 cm	131 cm	113 cm	77 kg

Strength Training

Core Body

STE5310-Hi5
Abdomen/ Back



Width	Length	Height	Weight
86 cm	90 cm	130 cm	71 kg

STE 5320-Hi5 Back
Extension



Width	Length	Height	Weight
86 cm	111 cm	115 cm	75 kg

STE 5330-Hi5 Twist



Width	Length	Height	Weight
80 cm	125 cm	126 cm	59 kg

ST5340-Hi5 Twist Rehab



Width	Length	Height	Weight
140 cm	101 cm	120 cm	75 kg

Lower Body

ST5510-Hi5 Body
Extension



Width	Length	Height	Weight
112 cm	125 cm	114 cm	86 kg

ST5520-Hi5 Adduction/
Abduction



Width	Length	Height	Weight
147 cm	123 cm	126 cm	73 kg

STE5530-Hi5 Leg
Extension/ Curl



Width	Length	Height	Weight
112 cm	157 cm	145 cm	104 kg

STE5540-Hi5 Leg Press



Width	Length	Height	Weight
103 cm	170 cm	135 cm	127 kg

STE5546-Hi5 Leg Press
Incline



Width	Length	Height	Weight
93 cm	222 cm	128 cm	107 kg

STE5549-Hi5 Leg Press
CC



Width	Length	Height	Weight
94 cm	227 cm	159 cm	175 kg

HUR Accessible Line

An Accessible Training Solution for Everyone

Origin: Finland
Certificate: EN 60601-1, CE

HUR's Accessible Line is designed for both wheelchair users and non-disabled individuals, offering independent training through its open U-shaped design and rollaway seat. The pneumatic Natural Transmission™ system ensures smooth, safe movements, making the equipment ideal for inclusive fitness and rehabilitation.

With wheelchair accessibility and SmartTouch technology, HUR enables personalized, efficient training for a wide range of users, empowering everyone to train confidently.

Upper Body

ST9110-Hi5 Biceps/Triceps Easy Access*



Width	Length	Height	Weight
127 cm	115 cm	128 cm	91 kg

ST9120-Hi5 Push Up/Pull Down Easy Access*



Width	Length	Height	Weight
113 cm	127 cm	179 cm	73 kg

ST9125-Hi5 Dip/Shrug Easy Access*



Width	Length	Height	Weight
107 cm	130 cm	108 cm	72 kg

ST9140-Hi5 Chest Press Easy Access*



Width	Length	Height	Weight
131 cm	137 cm	105 cm	84 kg

ST9150-Hi5 Lat Pull Easy Access*



Width	Length	Height	Weight
116 cm	105 cm	118 cm	80 kg

ST9160-Hi5 Pec Deck Easy Access*



Width	Length	Height	Weight
143 cm	113 cm	138 cm	82 kg

ST9175-Hi5 Optimal Rhomb Easy Access*



Width	Length	Height	Weight
126 cm	106 cm	114 cm	82 kg

*This machine can be used with wheelchair

Core Body

ST9310-Hi5 Abdomen/Back Easy Access



Width	Length	Height	Weight
85 cm	154 cm	171 cm	89 kg

ST9330-Hi5 Twist Easy Access



Width	Length	Height	Weight
80 cm	125 cm	126 cm	63 kg

HUR Pulley Functional Trainer

A large range of exercises in one machine

Origin: Finland
Certificate: ISO 20957, CE

ST8820-Hi5 Wall Mounted max load 40 kg
(per cable 20 kg)

ST8821-Hi5 Free Standing Pulley max load 40 kg
(per cable 20 kg)

ST8830-Hi5 Wall Mounted max load 60 kg
(per cable 30 kg)

ST8831-Hi5 Free Standing Pulley max load 60 kg
(per cable 30 kg)



Pulley 2 in 1 and 3 in 1 configurations available as option

OPERATING SYSTEM OPTIONS:

56 SmartTouch Hi5

STANDARD EQUIPMENT FEATURES:

- 3 Hand grip (2 pieces) (8210)
- 2 Leg strap (8211)
- 4 Strap extension (8214)
- 1 Adjustable support handles

EQUIPMENT OPTIONS:

- 5 Crossover (8805)
- 6 Pulley rowing bench (8206)
- 3 Hand grip (8210)
- 2 Leg strap (includes 8214 Strap extension) (8211)

- 9 Thigh/shoulder strap (includes 8214 Strap extension) (8212)
- 8 Waist strap (includes 8214 Strap extension) (8213)
- 4 Strap extension (8214)
- 10 Tetra glove (8215)
- 7 Gripeeze tube grip left (8216)
- 7 Gripeeze tube grip right (8217)
- 12 Pulley pulldown grip (8220)
- 11 Pulley triceps grip (8221)
- 13 Pulley accessories package (8223)
- 14 Removable Chest support for Pulley (8224)
- 15 Pulley 2 in 1 legs (8202)
- 16 Pulley 3 in 1 legs (8203)

Wall mounted

Width	Length	Height	Weight
83cm	87cm	215cm	49kg

Free Standing

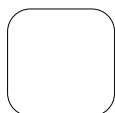
Width	Length	Height	Weight
136cm	145cm	215cm	82kg

Customize your own style



Frame Colours

STANDARD FRAME COLOURS, ALSO FOR PULLEY



White



Silver-grey



Black

Cushion Colours

STANDARD UPHOLSTERY COLOURS

106 Light Blue

113 Black

114 Blue AtoI



106



113



114

115 Red Cherry

116 Lime

117 Brown Cashmere



115



116



117

118 Anthacite

119 Beige Pearl

120 Stone Blue



118



119



120

CUSTOM UPHOLSTERY COLOURS

Custom upholstery colours available at additional price and longer delivery time.

* These colour examples do not exactly match the real cushion colours.

Please contact us for the colour map with the precise colour choices.

Shuttle MiniPress Series

Take The Leg Press To The Patient

Origin: USA

The Shuttle MiniPress is a portable leg press that weighs only 15 lbs and attaches to any chair or wheelchair, eliminating the need for transfers. It can be used while seated, standing, or supine



1

MiniPress

2-80 lbs of progressive elastic resistance. Ideal for Skilled Nursing, Home Health, and Crowded Clinic environments.



2

MiniPress Lite II

2-50 lbs of progressive elastic resistance. Ideal for Home Health and In-Patient Rehab environments.

Features

Wheel Chair Accessible

Attaches easily to any chair or wheelchair using retractable cords, eliminating the need for transfers. Now you can bring the press to the patient.

Adjustable Footplate

Adjustable from horizontal to 75 degrees for various degrees of flexion. The security strap can be used to keep feet in place.

Roller Wheels

The lightweight construction of the Shuttle MiniPress makes it easy to move around the clinic using the built in wheels.

Total Knee Rehabilitation

The perfect choice for your total knee patients. It provides smooth controlled resistance ideal for developing flexion.

Elasticcord Resistance

MiniPress resistance ranges from 2 to 80 lbs in a 15 lb portable leg press. New finger grip elasticcords allow for easy loading.

