

# My Life in Motion

*„kinevia—the intelligent exercise therapy system“*



kinetec



## Moving moments— within reach

Physical exercise is an expression of personal freedom. If your mobility is impaired, the desire to move increases. This is exactly what we have developed the kinevia for. The intelligent training unit supports your individual exercise therapy, conveniently and efficiently. You train by yourself at home, in your wheelchair or chair.

### kinevia: Your individual therapy

#### ■ Passive training | *Motor drive*

A gentle passive mobilisation of your muscles and joints, for example during the warm-up phase. Spasms and tensions are gently eased and dissolved.

#### ■ Soft training | *Motor assistance*

The motor specifically supports your exercise training. This way you can mobilise even the weakest residual muscle strength.

#### ■ Active training | *Muscle strength*

Depending on what you aim to achieve, you can adjust the pedal resistance to meet your needs.

#### ■ Symmetry training

The program supports you by displaying the symmetry when training both sides of the body simultaneously. This way one-sided deficits can be corrected.

## kinevia—the leg trainer

# *Your ingenious training partner*



### Standard equipment kinevia

- Large 7-inch colour display (touch panel)
- Detailed analysis of the last ten training sessions
- Training statistics for long-term analysis
- Several preset training programs
- Safety foot rest with Velcro straps
- Adjustable pedal radius— no tools needed
- Adjustable pedal—no tools needed
- Safety height adjustment via grid—no tools needed
- Stable ergonomic handle bars
- Practical step aid for foot rests
- Automatic anti-spastic control (ASC) and program for easing of spasticity
- Automatic change of direction (individually adjustable)
- Practical bottle holder
- Operating hours counter
- Rubber-encased wheels, mounted on ball bearings
- Therapy handles (kinevia duo)
- 5 years warranty on all mechanical parts



kinevia—the leg trainer

Item number: 4665009443

**kinevia**

# *Puts the movement into your exercise therapy*

Application as leg trainer



Upper body trainer, can be adjusted by 180°:  
Choose your optimal training position

Application as arm trainer



## **The kinevia principle**

High level of flexibility. High-quality materials. Aesthetic design. We're convinced: Exercise therapy can only be successful if you always enjoy it. When we developed the new kinevia, we followed three principles:

### ■ **High flexibility of use**

We designed an exercise trainer which perfectly adapts to your needs. The standard model includes a wide range of possible settings. The applications of use are virtually unlimited.

### ■ **High-quality materials**

We only use high-quality and durable materials. The body and the foot rests are made of stainless steel and the elegant touch panel from anodised aluminum. And naturally, all elements of the kinevia have been carefully produced and finished.

### ■ **Aesthetic design**

You will love making the kinevia a part of your daily life. Not only does it put some movement into your everyday life, it's also a real eye-catcher. Clear lines, functional design—it almost qualifies as furniture.

## **From handicap to mobility**

The kinevia supports your exercise therapy for both smaller physical impairments and greater challenges. This is where the exercise trainer shows particular strengths:

- Multiple sclerosis
- Stroke
- Paraplegia, tetraplegia
- Parkinson's disease
- Traumatic brain injury
- Muscle diseases (e.g. ALS)
- After orthopaedic procedures
- Lack of exercise

## kinevia duo—the whole body trainer

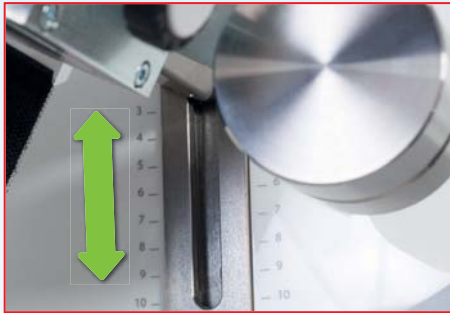
### *Your trainer—arm and leg*



**kinevia duo—  
the whole body Trainer**  
Item number: 4665009451

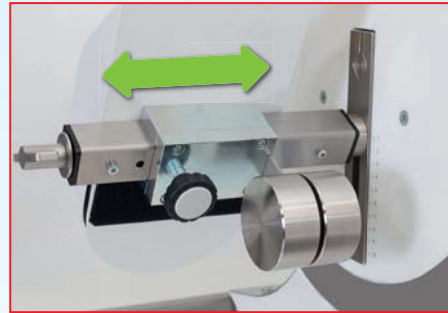
## For the love of perfection

# *Thought through to the smallest detail*



### ■ Adjustable pedal radius

Set the pedal radius to your individual leg length and individual requirements in no time.



### ■ Adjustable pedal width

The pedal width can be adjusted to your requirements with the safe grid adjustment.



### ■ Quick Adjust

The clever turning handle made of stainless steel allows for an easy adjustment of the pedal width without requiring any tools.



### ■ Large touch panel

The 7-inch colour screen with touch panel comes with a high-quality anodised aluminum housing and a USB port.



### ■ Ergonomic handle bars

Perfectly designed curved handle bars allow for a relaxed upper body training (kinevia duo).



### ■ Practical bottle holder

The attractive holder is suitable for all standard bottles and is perfectly placed for easy access.



### ■ Safety height adjustment

The height of the kinevia can be adjusted to your body height. The safety grid ensures a secure hold.



### ■ In-line transport wheel

The high-quality, stable in-line wheel with ball bearing allows for transport of the kinevia, even over asphalt.

## Intelligent control of training

*Keeping you up-to-date at all times*



### Anti-glare, large menu, robust display surface

The 7-inch colour display provides a perfect view. Excellent colour contrast and a large font guarantee best readability. The robust casing made from aluminum and the sturdy display surface are extremely solid and ensure many years of reliability.



### Perfect ease of use, optimal key guidance

Enjoy the super easy control of your kinevia and the easy navigation of the menu. The large operating fields are safe to handle. In addition, signal tones provide acoustic safety.



### Your training results—always viewable

All important training results are clearly displayed with the touch of a button: Training distance, symmetry, calories burnt, heart rate, use of own muscular strength. With the training statistics you can also analyse longer training periods. You can simply transfer the data to your PC or laptop via the USB interface. Not only you, but also your doctor or therapist will be thrilled by how uncomplicated your training results and therapeutic successes can be analysed.



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## Our ten promises for your health

- 1. Five years warranty**—because we know what we provide. The expanded warranty of five years applies to all mechanical parts.\*
- 2. Many years of fun**—thanks to the extremely robust construction. The body, foot and the foot rests are made of stainless steel and the elegant touch panel from anodised aluminum.
- 3. Extreme flexibility**—everything can be perfectly adjusted to your needs. Pedal radius and pedal width can be adjusted without tools.
- 4. Lots of extras in standard equipment**—from the bottle holder to the pedal radius. Because for us, they are simply part of the product and you save costs.
- 5. Quality supplier**—we don't accept compromises from our suppliers. After all, this is about your health.
- 6. Innovations for you**—for example the innovative touch panel with intuitive use, the preset training programs, the easy setting of own training programs, the standard long-term statistics and the automatic storing of the last ten training sessions in the touch panel.
- 7. Above all—safety**—the kinevia was designed with extreme safety against tilting. And the anti-spastic control (ASC) reliably eases spasticity.
- 8. Highest technical standards**—manufactured in Germany and we certified according to DIN EN ISO 13585 : 2012.
- 9. Aesthetic design**—because excellent functions deserve perfect designs. This generation of devices is characterised by its clear lines.
- 10. We are always open to special requests**—because we have designed many innovations with patients, doctors and therapists. We want to create the best solutions for your freedom of movement. Talk to us!

\* For warranty terms and conditions, please see [www.kinetec.fr](http://www.kinetec.fr)