

# HUR Multifunction Air Resistance Equipment

There is always space to gain or regain Your strength. The multi-purpose strength training machines offer 4 or 5 different exercises for multiple muscle groups in the same device. Its versatility makes it suitable for regular exercisers, athletes, seniors and wheelchair and rehabilitation users.

## 4X Multifunction Machine

Targeted training of shoulders, back and leg muscles. With HUR SmartTouch

#### LEG PRESS

Lock mechanisms & isometric strength testing.

#### DIP/SHRUG

Range limiters & isometric strength testing.

#### ASSISTED SQUAT



#### comes with

- Easy access handgrips
- □ Electrically adjustable seat position
- □ Range limiters with start and end position
- □ Isometric testing sensor attachment

#### options

- Neck cushion
- □ Floor mount bracket
- Seat cushion

#### dimensions

Width	Length	Height	Weight
103 cm	188 cm	132 cm	154 kg
41 in	74 in	52 in	340 lb

### 5X Multifunction Machine

Targeted training of chest muscles, shoulders, back, hamstring and quadriceps muscles.

With HUR SmartTouch

CHEST PRESS
 Isometric testing.

isometric testing.

- LEG EXTENSION / CURL Range limiters &
- PUSH UP / PULL DOWN Range limiters & isometric testing.



#### comes with

- □ Adjustable lever arms
- Multigrip handles
- Leg straps
- Range limiters with start and end position
- □ Isometric testing sensor attachment
- Belt

#### options

- Neck cushion
- □ Floor mount bracket
- Seat cushion

#### dimensions

V	Vidth	Length	Height	Weight
12	27 cm	190 cm	184 cm	144 kg
Ę	50 in	75 in	72 in	317 lb



# YOUR PARTNER FOR LIFELONG STRENGTH

HUR is dedicated to contributing where it is best - providing the best exercise solutions for preventive, rehabilitative and maintaining training - so that you and your customers can keep on performing miracles every day.

