

## 4<sup>th</sup> Asian-Pacific TMS-Days Jan 18–19, 2020



### Learn how to safely and efficiently use TMS!

#### ABOUT

The two-day intensive course is designed for health care professionals and researchers who are interested in, or already working with TMS. The course is held by Prof. Frank Padberg, a leading medical TMS professional from the Ludwig-Maximilians-University Munich. Participants will receive tailored input in small groups, including academic lectures as well as extensive hands-on TMS training. The TMS-Days enable you to perform safe and efficient TMS, the prerequisite for profound therapy and research.

Venue: Empire Room I – II, 1/F, Empire Hotel Hong Kong  
Address: 33 Hennessy Road, Wan Chai, Hong Kong  
Participants: Researchers and Health care professionals  
Course language: English  
Registration fee: \$15000HKD

#### MEDICAL LEAD OF THE CME-CERTIFIED COURSE

##### **Prof. Dr. med. Frank Padberg**

Board member of the DGHP (German Society for Brain Stimulation in Psychiatry)

Director of the Munich Center for Brain Stimulation (MCBS)

Director of the Division of Psychotherapy and Psychosomatic Medicine, Department of Psychiatry and Psychotherapy, Ludwig-Maximilians-University Munich, Germany



## PROGRAM

### Saturday, January 18<sup>th</sup>, 2020

8.45 am	Registration and coffee
9.00 am	Welcome and opening
9.30 am	Introduction to TMS – Basic technical principles
10.15 am	Coffee break
10.30 am	Physiology of motor cortex stimulation
11.15 pm	Hands-on rTMS experiment – Cortical and peripheral stimulation
12.00 pm	Lunch
1.30 pm	Applications of rTMS in Psychiatry (MDD, Anxiety, PTSD, OCD, Schizophrenia)
2.15 pm	Applications of rTMS in Neurology (Stroke, Pain, Migraine, Tinnitus)
3.00 pm	Coffee break
3.15 pm	TMS safety issues – Contraindications, side effects, seizure management
3.45 pm	Development of TMS methods: TBS, deepTMS, MST
4.30 pm	Question & Answer session
5.00 pm	End of course day 1

### Sunday, January 19<sup>th</sup>, 2020

9.00 am	Opening of course day 2
9.15 am	The 9 steps of a TMS session
10.00 am	Coffee break
10.15 am	Hands-on training in supervised groups
	<b>Session 1</b>
	How to prepare a TMS session: TMS education of patients and subjects
	<b>Session 2</b>
	How to find the TMS hotspot: Motor cortex localization
	<b>Session 3</b>
	How to individualize the TMS dose: Motor threshold determination
12.30 pm	Lunch
2.00 pm	Individual hands-on training – Getting confidence in applying TMS
2.30 pm	Positioning strategies and navigated TMS
3.00 pm	Establishing TMS in your organization – Bureaucracy and resource requirements
3.30 pm	Coffee break
3.45 pm	Question & Answer session
4.00 pm	Summary
4.15 pm	End of course day 2
4.45 pm	Issuing of certificates – end of event

Program subject to modifications – minor changes might apply.

## 4<sup>th</sup> Asian-Pacific TMS-Days Course Registration Form

Surname:

---

Given Name:

---

Title: ☐Prof. ☐Dr. ☐Ms. ☐Mrs. ☐Mr. ☐Others 

---

Organization:

---

Department:

---

Country:

---

Tel.:

---

Mob:

---

Fax:

---

E-mail:

---

Please send your participation via email ([jennifer@healthlinkholdings.com](mailto:jennifer@healthlinkholdings.com)) or fax to +852-2329 6783

We pledge to comply with the requirements of the Personal Data (Privacy) Ordinance. In doing so, we will ensure compliance by our staff with the strictest standards of security and confidentiality.

Successful applicants would be contacted by email after payment is received. After confirmation of successful application, course fees are NOT refundable. Payment could be done by cheque or bank transfer.

### By Cheque Payment:

Please prepare crossed cheque payable to 'Healthlink Holdings Limited', with your name & mobile number written at the back of the cheque and mail to "Unit 05 - 06, 23/F, Laurels Industrial Centre, 32 Tai Yau Street, San Po Kong, Kowloon, Hong Kong"

### By Bank Transfer:

Please transfer the course fee to the following account and send us the receipt after the payment

SWIFT code: HSBCHKHKKH

Account: 534-615687-838

Name: Healthlink Holdings Limited

For application issues, please contact Ms. Jennifer Chu via email: [jennifer@healthlinkholdings.com](mailto:jennifer@healthlinkholdings.com)  
or tel: +852 3703 4817.