



## sensbalance MiniBoard

*With Exercise, Measure and Game software*



A new, interactive piece of training equipment with meaningful exercise software, easy-to-understand measuring software and exciting game software. Based on the conventional wobble board and made even more applicable for effective training of physical balance, reflexes, proprioception and core stability. For Fitness, Prevention and Therapy.

**Sensamove** is a young, dynamic and innovative company that develops and produces interactive exercise equipment. Sensamove wants to encourage exercising by making it more fun, exciting and its results readily measurable.

  
**sensamove**  
 Quality of free movement

## Sensbalance MiniBoard

The Sensbalance MiniBoard combines the interactive training software and exercise games with the well-known benefits of a conventional wobble board. This results in an innovative and very effective new product in the range of interactive balance products of Sensamove. With easy exchangeable accessories the tilting angle and exercise difficulty can be customized. This makes the MiniBoard a widely applicable training and therapy tool.

### Features of the MiniBoard

- Wooden wobble board (diameter: 15.7 inches).
- Made of high quality birch with anti-slip coating.
- Easy exchangeable rubber accessories using a magnetic click-on system.
- Includes a standard spherical rubber accessory of 10°
- Optional spherical accessories of 15 ° / 20 °, and one-directional accessory of 15 °
- Standard USB connection cable or optional Wireless Module.
- Including basic exercise software with measuring, analysis & archiving functions, for diagnosis and comparison purposes, to show improvements over time.
- Balance game with 18 Training exercises and 10 exciting exercise Games.
- Optional extra Balance Game Levels are available.



### Sensbalance Game Software

The Sensbalance Game Software adds a game element to the exercises. Suddenly, exercising becomes exciting. It adds a complete new dimension to the often tedious fitness or therapy exercises. The results of the exercises can be followed on the screen. Exciting game levels challenge and encourage users to exercise more specific areas. The pleasure of the games and the satisfaction of achieving subsequent levels have a positive influence on the frequency, persistence and effect of the exercises, either individually or in a group!



### Sensbalance Measuring & Exercise Software

Sensors register the tilts of the MiniBoard. The Sensbalance Measuring & Exercise Software shows these results on a screen either during or right after the exercises. As a result of the visual feedback the exercises become more comprehensible and balance and core stability can be exercised interactively and thus more efficiently.



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